

BAGEL WITH

ON YOUR CHOICE OF BAGEL

As is	2.50
Butter	3.50
Cream Cheese	6.00
Nutella	5.50
Peanut Butter or Jam	4.25
PB & J	5.00
Almond Butter & Jam	7.00

DAILY FRESH BAGELS

Single	2.50
1/2 Dozen	10.50
Dozen	18.00

- Plain
- Sesame
- Onion Garlic
- Poppy Seed
- Cheddar
- Everything
- Cheddar Onion Garlic
- Jalapeño Cheddar

HOME MADE CREAM CHEESE

	Plain	Flavoured
4 oz.	5.25	6.75
8 oz.	8.25	9.75

- Plain
- Herb & Garlic
- Spinach & Feta
- Jalapeño & Herbs
- Strawberry
- Apple Cinnamon
- Sundried Tomato
- Fresh Dill

ALL DAY BREAKFAST BAGELS

ON YOUR CHOICE OF BAGEL

Jalapeño Bacon Egg Cheese	9.25
Bacon & Cream Cheese	8.75
Bacon Egg Cheese	8.75
Ham Egg Cheese	8.75
Bacon Egg Lettuce Tomato	9.50
Guacamole Egg Cheese Tomato	9.50
Turkey Egg Cheese	9.00
Bagel n' Egger	6.25
Bacon Lettuce Tomato	8.25
Egg Cheese Tomato	8.25
Egg Lettuce Tomato	8.25
Egg Cheese	7.00
Ham n' Egg	7.50
Ham n' Cheese	7.50
Bacon & Egger	7.50

BIG BREAKFAST

ON YOUR CHOICE OF BAGEL

Signature Greek	10.00
<small>Egg, Baby Spinach, Tomato, Red Onion & Feta Cheese</small>	
The Ultimate	15.00
<small>Bacon, Ham, Egg, Tomato, Bell Pepper, Red Onion & Cheese</small>	
Triple Double	13.00
<small>Bacon, Ham, 2 Eggs & Cheese</small>	

LUNCH BAGELS

ON YOUR CHOICE OF BAGEL

Vegetarian Delite	9.50
<small>Mayo, Dijon, Lettuce, Tomato, Cucumber & Guacamole</small>	
Mafalletto	9.95
<small>Mayo, Dijon, Genoa Salami, Hot Peppers & Monterey Cheese</small>	
The Original	7.25
<small>Freshly whipped Cream Cheese & Tomato</small>	
Club Dijonaise	9.95
<small>Mayo, Dijon, Turkey, Ham, Red Onion, Tomato & Monterey Cheese</small>	
Turkey Bacon Avocado	11.00
<small>Turkey, Bacon, Guacamole, Tomato, Lettuce, Cucumber & House Dressing</small>	

The Club House	10.50
<small>Mayo, Mustard, Turkey, Bacon, Lettuce, Tomato & Monterey Cheese</small>	
Montreal Smoked Meat	12.50
<small>Dijon, Montreal Smoked Meat, Sauerkraut, Monterey & Cheddar Cheese and a Pickle</small>	
Vegan	11.50
<small>Hummus, Lettuce, Tomato, Carrot, Cucumber, Fresh Beets, Bell Pepper & Fresh Spinach</small>	

Lotsa Lox	13.50
<small>Freshly whipped Cream Cheese, Wild Smoked Salmon, Red Onion & Capers</small>	

Chicago Chicken	11.00
<small>Mayo, Chicken Breast, Tomato, Ranch Dressing & Cheddar Cheese</small>	

Gill's Special	10.50
<small>Chicken Breast sautéed slowly in our special Sweet Chili Sauce & served piping hot topped with melted Monterey & Cheddar Cheese</small>	

Tuna Cheddar Melt	9.50
<small>Lots'a Tuna whipped in lite Mayo, Tomato, Green Onion & Cheddar Cheese</small>	

Tomato Melt	8.50
<small>Butter, Tomato & Real Cheddar Cheese</small>	

Turkey Cranberry	13.00
<small>Cream Cheese, Turkey, Red Onion, Spinach, Cucumber & Homemade Cranberry Sauce</small>	

California	10.50
<small>Mayo, Dijon, Sliced Almonds, Sun Dried Tomatoes, Artichoke Heart and Melted Monterey Cheese</small>	

Add a side of Soup	4.50
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HUNGRY FOR MORE

ADD:

Lox	4.00	Cheese	1.50
Meat	3.50	Veggie	1.25
Egg	1.50	Guacamole	2.50
Bacon	2.75	Cream Cheese	3.25

PIZZA BAGELS

ON YOUR CHOICE OF BAGEL

Vegetarian	12.00
<small>Homemade Pizza Sauce, Bell Pepper, Olives, Red Onion, Tomato & Monterey Cheese</small>	

Calzone	12.00
<small>Homemade Pizza Sauce, Layered with Ham, Genoa Salami, Tomato, Red Onion, Olives & Monterey Cheese</small>	

Hawaiian	12.00
<small>Homemade Pizza Sauce, Smoked Ham, Pineapple, Monterey & Cheddar Cheese</small>	

BBQ Chicken	12.00
<small>Homemade BBQ Sauce, Chicken Breast, Red Onion, Monterey & Cheddar Cheese</small>	

Jalapeño Chicken	12.00
<small>Homemade Pizza Sauce, Chicken Breast, Tomatoes, Jalapeño Peppers, Monterey & Cheddar Cheese</small>	

Cheese Supreme	12.00
<small>Homemade Pizza Sauce, Fully Loaded with Monterey, Cheddar & Parmesan Cheese</small>	

WRAPS

Breakfast Wrap	13.00
<small>Homemade Herb & Garlic Cream Cheese, 2 Eggs, Bacon, Fresh Spinach, Tomato, Red Onion & Cheddar Cheese</small>	

Club Wrap	12.00
<small>Mayo, Mustard, Turkey, Bacon, Lettuce, Tomato & Monterey Cheese</small>	

Vegan Wrap	13.00
<small>Hummus, shredded Carrots, Cucumber, Bell Pepper, Fresh Spinach & Fresh Beets</small>	

SOUP & SALAD

Soup	8.00
<small>Made from scratch in house, served with Crackers</small>	

Salad Bowl	7.00
<small>Made Fresh Upon Ordering! Lettuce, Spinach, shredded Carrots, Cucumber, Red Onion & Green Pepper (Choice of Dressing)</small>	

COFFEE MENU

(Available Over Ice)

Espresso	2 oz	3.00
Cappuccino	8 oz	4.00
	12 oz	16 oz

Decaf	2.75
Drip Coffee	2.75
Americano	3.50
Latte	4.50
Mocha	5.00
Flavored Latte	5.00
<small>(Vanilla, Hazelnut, Caramel)</small>	

Apple Cider	4.50	5.00
London Fog	5.00	
Chai Latte	4.50	
Hot Chocolate	4.50	
Tea	3.50	

Milk Alternatives:	1.00
Flavour Shot:	1.00